

*The*  
**UNDERGROUND**

*Spa & Wellness*





## **WELCOME TO THE UNDERGROUND SPA & WELLNESS**

THE UNDERGROUND SPA & WELLNESS IS A DOWNTOWN SANCTUARY TUCKED AWAY IN THE LOGAN HOTEL, OFFERING A COMPLETE REPRIEVE FOR HOTEL GUESTS AND DAY VISITORS. ENTER OUR HAVEN OF RELAXATION WITH THE SCENTS OF BOTANICAL AROMATHERAPY IN A WATER-INSPIRED SPA PROVIDING THE ULTIMATE IN BODY TREATMENTS AND SKINCARE FOR MEN AND WOMEN. THE UNDERGROUND SPA & WELLNESS AT THE LOGAN IS YOUR DESTINATION FOR RELAXING, UNWINDING AND LETTING GO!

A softly lit pool enveloped in rich blue colors provides our guests with the opportunity to prolong the spa experience with a soak and swim before or after their spa experience. Beautifully appointed locker rooms featuring full showers and amenity services include an array of Logan Square botanicals for use after treatments, with the opportunity to purchase them for home use and gifts.

Relax before your treatment, restore your body's energy and hydration, rejuvenate the senses, and balance the mind and body. You can even enjoy a workout in our state-of-the-art fitness center as part of your experience at The Underground Spa & Wellness.

We are an especially ideal place for private retreats, girlfriend getaways, bachelor and bachelorette parties, and can arrange a spa day for an entire group with advance notice. Massages, skincare, body wraps, scrubs and nail services may be booked by calling 215 405 2815.

# *Massages*

## **LOGAN RELAXATION MASSAGE**

A gentle massage, utilizing light pressure is designed to bring you to a place of complete relaxation. Using aromatherapy oils, your therapist will focus on your tension areas, ensuring you are left in a Zen state-of-mind

50 MINUTES - \$145 | 80 MINUTES - \$175

## **ALPINE ARNICA DEEP TISSUE MASSAGE**

This intensive treatment relaxes sore muscles and stiff joints with Russian massage techniques and the best pain relievers from nature's pharmacy: arnica, sweet birch and magnesium.

50 MINUTES - \$155 | 80 MINUTES - \$195

## **NIRVANA STRESS RELIEF MASSAGE**

This deeply revitalizing treatment uses aromatherapy and deep tissue massage to unwind the body, reboot the mind and transform stress into balance. Choose between four aromatherapy blends of exotic herbs and essences featuring such ingredients as warm and spicy Cardamom, hypnotic Neroli blossom, clarifying Balsam Fir needles or energizing Holy Basil to reinvigorate the senses and reboot the mind.

50 MINUTES - \$155 | 80 MINUTES - \$195

## **WRIST RELIEF**

This energizing enhancement combines a detailed hand and wrist massage with a therapeutic multi-purpose rescue cream. Extracts of Horse Chestnut and Peppermint improve circulation, while steaming hot towels steeped in aromatic essential oils relieve hand and wrist tension, addressing carpal tunnel syndrome and computer fatigue.

25 MINUTES - \$80 | 50 MINUTES - \$145\*

\*50 MINUTE TREATMENT INCLUDES NECK AND SHOULDERS

## **BLUE EUCALYPTUS**

This holistic treatment combats adrenal fatigue due to our modern 24/7 lifestyle. The session begins with a steaming Blue Eucalyptus inhalation to enhance immunity and is followed with a vigorous deep tissue massage with Ginger Root Oil to rebalance the adrenal system.

50 MINUTES - \$155 | 80 MINUTES - \$195

# *Massages*

## **COPLES MASSAGE**

Enjoy a relaxing customized massage for two in our Couples' Suite. A choice of aromatherapy oils can be added to infuse your experience.

Price is per guest.

**50 MINUTES - \$150 | 80 MINUTES - \$190**

## **HOT STONE MASSAGE**

Experience a relaxed, recharged and energized feeling, as warm and cold stones are used to massage your muscles releasing tension, leaving you completely relaxed!

**80 MINUTES - \$190**

## **HOT TOWEL RENEWAL**

Inhale our house blend herbal therapy to open the mind & senses, preparing the body for our signature relaxation massage with steamed lavender-and geranium infused hot towels. Say ahhhh.

**80 MINUTES - \$195**

## **SPORTS RECOVERY MASSAGE**

For the athlete in all of us – relieve sore muscles, stiff joints and daily aches and pains with this therapeutic massage. The perfect cure that will have you back on your feet in no time

**80 MINUTES - \$190**



# *Massages*

## **PREGNANT FITNESS TREATMENT**

This hypnotic treatment combines a Swedish massage and a mini facial with herbal remedies to address the special needs of expectant mothers such as stress, fatigue, muscle pain, insomnia, stretch marks and hormone-reactive skin.

**80 MINUTES - \$210**

## **MOM-TO-BE**

A light massage, specially designed for expectant mothers past their first trimester, this session focuses on the comfort of the mother-to-be. Performed with you lying on your side, with pillow support, this relaxing massage is designed to reduce stress, decrease swelling in the arms and legs, and relieve discomfort in muscles and joints.

**50 MINUTES - \$150 | 80 MINUTES - \$185**



# *Body Treatments*

## **MIGHTY MINT FOOT THERAPY**

This revitalizing foot and lower leg treatment is designed to reinvigorate the whole body. Calves and feet are massaged with a stimulated peppermint balm and then cocooned in streaming hot towels to wake up tired feet.

**25 MINUTES - \$80 | 50 MINUTES - \$145**

## **MOROCCAN OIL OR WILD LIME SCALP TREATMENT**

This customized treatment helps to improve and revive hair while massaging the scalp with revitalizing Moroccan Oil, stimulating hair follicles for a full & lustrous shine.

**25 MINUTES - \$80**

## **SOOTHING SHEA BUTTER WRAP**

The miraculous African Shea Nut heals & moisturizes dry skin. This soothing Shea wrap is the ideal resorative for parched skin while a gentle head and foot massage will have you feeling relaxed from head to toe.

**50 MINUTES - \$145**

## **THE PINK GRAPEFRUIT EXPERIENCE**

This body polish is the perfect way to naturally clean and eliminate dead cells while gently exfoliating the body leaving it smooth, silky and radiant. Certified organic grapefruit seed extract purifies skin with its natural astringent properties to brighten and tone skin. After a cleansing ritual, a soothing Shea Butter wrap will follow and conclude the experience with a special Spa gift!

**80 MINUTES - \$170**

## **CLAY AND CHARCOAL WRAP**

A creamy non-drying natural mineral and botanical based treatment gently removes impurities from pores to reveal smoother, softer-looking skin. Helps exfoliate dead skin cells and rid the pores of harmful pore-clogging toxins to make your skin firm.

**50 MINUTES - \$145**

## **ROSEMARY CITRON SEA SALT SCRUB**

Sea salts, rich in mineral content, are blended with spicy rosemary and citrus essential oils to stimulate circulation and slough away dull, flaky skin. This invigorating scrub will soften skin leaving the surface smooth and polished.

**25 MINUTES - \$80**

# *Skincare*

## **HYDRAFACIAL™**

The HydraFacial is a high-tech solution for multiple skin issues. This results-oriented facial treatment uses skin-specific solutions and a patented tip (think microdermabrasion with fluids instead of aluminum oxide crystals) to accomplish deep cleansing, a gentle acid peel, painless extractions and infused with anti-oxidants and hydrating hyaluronic acid. It leaves your skin positively glowing for weeks afterwards.

50 MINUTES - \$225 | 80 MINUTES - \$295

## **PURE RESULTS FACIAL**

Experience dramatic results with this skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our Plant Stem Cell Booster Serum, clinically proven to improve the appearance of fine lines & wrinkles, radiance, smoothness and firmness.

50 MINUTES - \$155

## **VITAMIN C15 BRIGHTENING FACIAL**

This treatment reverses the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. Featuring our breakthrough daily 15% Vitamin C serum that helps firm, brighten and dramatically reduce the appearance of wrinkles.

50 MINUTES - \$155

## **CLARIFYING FACIAL**

Clear congested complexion with this gentle, yet effective, treatment for teenage or adult acne. This treatment uses purifying BHAs along with astringent and antibacterial extracts of alpine willow and rosemary to control sebum and leave a soft, matte finish.

50 MINUTES - \$155

# *Skincare*

## **MOISTURE DRENCH FACIAL**

Nature's cure for moisture-deprived, thirsty skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial Soothing Hibiscus Enzyme Peel smooths and calms environmentally stressed skin. A nourishing facial massage utilizing the gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements. Ideal for high altitudes, extreme weather and desert climates.

**50 MINUTES - \$145**

## **MEN'S REBALANCE FACIAL**

Customized for men's skin care needs, this revitalizing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun damaged or razor-burned skin.

**50 MINUTES - \$145**

## **COLLAGEN ANTI-AGING FACIAL**

Collagen evens skin tones and reduces the appearance of fine lines and wrinkles. The delicate areas of the eyes, mouth and lips are targeted by this rejuvenating treatment leaving your skin feeling velvet-to-the-touch.

**50 MINUTES - \$145**





# Nail Services

## FARMHOUSE FRESH PEDICURE

Specialized blends of therapeutic-grade essential oils provide a positive effect on the body and mind. Enjoy a massage with FarmHouse Fresh organic oils, then lean back with delight as a warm soy wax is applied to aid absorption, leaving your legs and feet feeling silky smooth.

80 MINUTES - \$75

## FARMHOUSE FRESH MANICURE

Aromatic vapors that penetrate the skin and the senses will provide the utmost in a relaxation fix. Our signature blends of FarmHouse Fresh organic oils applied to energy points on the hands and arms positively affect both body and mind. Your technician massages your hands with fragrant oils, then applies a warm wax, aiding absorption and leaving hands silky smooth.

50 MINUTES - \$50

## LOGAN MANICURE

20 MINUTES - \$25

## LOGAN PEDICURE

50 MINUTES - \$45

## GEL MANICURE

Get the latest must-have nails with long lasting gel polish. Select your favorite color for a flawless manicure that will last for up to two weeks. If you already have gel polish on your nails, please book this treatment with a gel polish remover.

50 MINUTES - \$40

## KIDDIE CORNER

KIDDIE MANICURE - \$15

KIDDIE PEDICURE - \$20

KIDDIE POLISH CHANGE - \$5

# *Waxing*

**Back or Chest** - \$75

**Brazilian** - \$75

**Bikini** - \$50

**Eyebrow Shaping** - \$25

**Lip or Chin** - \$30

## **Arms**

HALF ARM - \$30

FULL ARM - \$55

## **Legs**

HALF LEG - \$40

FULL LEG - \$70



# Spa Packages

## TAKE TIME FOR TWO

Enjoy a tranquil experience in our private Couple's Serenity Suite with an 80-minute Logan Relaxation Massage, a soothing 25 minute Mighty Mint Foot Treatment and an exfoliating 25-minute full body Rosemary Citron Sea Salt Scrub. Share this revitalizing experience with a loved one - complete with two Rocky Robes as our gift to you!

150 MINUTES - \$600

## CREATE YOUR OWN JOURNEY

Choose two from the following:

50 minutes - Custom Organic Facial

50 minutes - Logan Relaxation Massage

50 minutes - Mighty Mint Foot Treatment

50 minutes - Shea Butter Body Cocoon

Choose one from the following:

25 minutes - Clove Scalp Treatment

25 minutes - Logan Manicure

25 minutes - Sea Salt Body Scrub

25 minutes - Lip or eyebrow waxing

3 TREATMENTS - \$350 per person

## CELEBRATE!

No matter the occasion, we have the perfect package to celebrate! Enjoy all of the following treatments, followed by a complimentary glass of champagne.

25 minutes – Custom Organic Facial

50 minutes – Logan Relaxation Massage

25 minutes – Rosemary Citron Sea Salt Body Scrub

100 MINUTES - \$275

## THE UNDERGROUND WEEKEND AWAY

You deserve to treat yourself! Enjoy a spa day complete with a complimentary glass of wine.

50 minutes – Logan Relaxation Massage

50 minutes – Pure Results Facial with Moroccan Oil Scalp Massage

100 MINUTES - \$250



# *Get The Most*

OUR KNOWLEDGEABLE SPA RECEPTIONISTS WILL ASSIST YOU IN PLANNING YOUR SPA EXPERIENCE, INCLUDING RECOMMENDATION AND ORDER OF TREATMENTS, CONSIDERATION OF PACKAGES, GIFT CERTIFICATES AND RETAIL OPTIONS.

## **RESERVATIONS**

Please allow ample notice to reserve your spa treatments by contacting the Spa Receptionist as far in advance as possible. While we may be able to accommodate same-day appointments, to ensure your preferred time of day, treatment, and skilled therapist, advance bookings are preferable. We are happy to assist in planning your special group for bridal party. A credit card number to guarantee payment is required at the time of booking.

## **SPECIAL CONSIDERATIONS**

Should you have special considerations or concerns, please notify our Spa Receptionist before booking your treatments. For your safety during a treatment, you should disclose medical concerns such as pregnancy, high blood pressure, allergies, any other physical ailments, or special needs.

## **MINIMUM AGE FOR TREATMENTS**

Spa guests must be 16 years or older to receive treatment. It is our goal to provide a quiet atmosphere in The Spa, and we ask that no children be permitted in the lounge or relaxation areas. *Children 5 years or older are not permitted in opposite- gender locker rooms.*

## **ARRIVAL TIME**

For your enhanced comfort and relaxation, we invite you to arrive a minimum of 30 minutes prior to your scheduled treatment. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. We ask that groups of five or more arrive one hour prior to scheduled treatments.

## **SEASONAL TREATMENTS**

Every season is celebrate with a specially designed experience and menu. Ask our Spa Concierge during your visit.



## THE UNDERGROUND SPA & WELLNESS

One Logan Square, Lower Level

Philadelphia, PA 19103

215 405 2815

[spa@theloganhotel.com](mailto:spa@theloganhotel.com)



THELOGANHOTEL



THEUNDERGROUNDSPA