

# WELLNESS

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## You Can Now Get a CBD Oil Mani Pedi at This Philly Hotel Spa

The CBD oil trend continues with The Logan Hotel's new CBD oil mani pedi and massage.

by **CAROLINE CUNNINGHAM** • 10/4/2018, 9:00 a.m.



A treatment room at The Spa at The Logan Hotel, which now has CBD oil mani pedi services and massages. Photograph courtesy The Logan Hotel.

CBD oil is certainly having a moment, isn't it? Not only does it continue to **pop up in use in spas around town** — it's made it's way **into our *ice cream***. Now, there's a new place for some CBD-enhanced experiences: **the Spa at The Logan Hotel**.

If you're thinking, *What the heck is CBD oil?* we'll just clear that up right here: It's a chemical compound that comes from the cannabis plant. But no, you can't get a high from it, as it's non-psychoactive. There are a lot of claims about what it *can* do, though, including reducing pain and inflammation, which is why it's become more popular in spa treatments.

And now, with a brand-new CBD oil mani pedi and massage on the menu, The Logan has officially jumped on the CBD bandwagon. The 80-minute CBD Quartet treatment — a four-in-one process that includes a massage, moisturizing wrap, scalp massage, and reflexology — is all about reducing stress and muscle aches.

The CBD oil mani pedi — which will run you \$40 for the manicure, \$65 for the pedicure — includes a CBD exfoliating scrub, massage oil, and bath bomb. But in addition to these new treatments, the spa is also marketing some CBD products which can be purchased for home use. These include a CBD sports recovery salve (\$50), a hemp lip balm and bath bomb (\$10 each), as well as some gift sets that'll combine the products.

The treatments and products are all now available at [The Spa at The Logan Hotel](#), located at One Logan Square.