

5 Healthy (and Fun!) Things to Do in Philly This Weekend

Looking for some fitness fun? Here's our guide to healthy things to do for the weekend of October 12.

by **CAROLINE CUNNINGHAM** • 10/12/2018, 10:55 a.m.

Happy Friday, *Be Well Philly* fam! We made it. The weekend is almost here, and if you're wondering how to spend yours, we've got some ideas for you. Read on for some healthy things to do this weekend around Philly.

PAMPER Speaking of CBD oil, **the new CBD manis and pedis** at The Logan Hotel are what we call peak #selfcare. Unwind with a manicure, including a CBD-infused exfoliation, massage oil, and bath bomb, for \$40 at The Spa at The Logan Hotel.