

Join in puppy yoga at the Logan Hotel this Saturday

Ready to do downward dog with actual dogs?



On Saturday, Aug. 11, you can join in puppy yoga at the Logan Hotel in Philadelphia.

Adoptable puppies from [Morris Animal Refuge](#) will be there to help keep a smile on your face throughout the hour-long vinyasa flow.

Leading the workout will be instructors from [Amrita Yoga & Wellness](#) in Fishtown.

To participate in the oh-so-cute fitness event, you'll need a [ticket](#). The cost is \$25, which will be donated to Morris Animal Refuge.

Choose from the noon session and the 2 p.m. session. Remember to bring a yoga mat and a towel.

[Puppy Yoga](#)

Saturday, Aug. 11

Noon-1 p.m. or 2-3 p.m. | \$25 per person

Logan Hotel

1 Logan Square, Philadelphia, PA 19103