

The **UNDERGROUND**
Spa & Wellness



The **UNDERGROUND** *Spa & Wellness*

WELCOME TO THE UNDERGROUND SPA & WELLNESS

RATED #1 FOR SPA AND WELLNESS CENTERS IN PHILADELPHIA, THE UNDERGROUND SPA AND WELLNESS CENTER IS A PREMIER SPA, DESIGNED TO REPLENISH THE MIND, BODY AND SPIRIT COLLECTIVELY. EXPLORE TREATMENT ROOMS OR THE ON-SITE HEALTH CLUB FEATURING AN INDOOR, HEATED POOL AND STATE-OF-THE-ART FITNESS CENTER. A HAVEN OF RELAXATION, BE PREPARED TO RELAX, RECHARGE AND RENEW FROM HEAD TO TOE.

Hit the pause button and venture underground to our wellness oasis. Give yourself to the totality of the experience, and feel the stress and chaos of daily life slowly fade away. Your biggest decision to make will be deciding between a dip in our indoor pool, working up a sweat in our cardio room, or surrendering yourself to a full body treatment.

We are an especially ideal place for private retreats, girlfriend getaways, bachelor and bachelorette parties, and can arrange a spa day for an entire group with advance notice. Massages, skincare, body wraps, scrubs and nail services may be booked by calling 215 405 2815.

Massages

LOGAN RELAXATION MASSAGE

A gentle massage, utilizing light pressure is designed to bring you to a place of complete relaxation. Using aromatherapy oils, your therapist will focus on your tension areas, ensuring you are left in a Zen state-of-mind

50 MINUTES - \$145 | 80 MINUTES - \$175

ALPINE ARNICA DEEP TISSUE MASSAGE

This intensive treatment relaxes sore muscles and stiff joints with Russian massage techniques and the best pain relievers from nature's pharmacy: arnica, sweet birch and magnesium.

50 MINUTES - \$155 | 80 MINUTES - \$195

NIRVANA STRESS RELIEF MASSAGE

This deeply revitalizing treatment uses aromatherapy and deep tissue massage to unwind the body, reboot the mind and transform stress into balance. Choose between four aromatherapy blends of exotic herbs and essences featuring such ingredients as warm and spicy

Cardamom, hypnotic Neroli blossom, clarifying Balsam Fir needles or energizing Holy Basil to reinvigorate the senses and reboot the mind.

50 MINUTES - \$155 | 80 MINUTES - \$195

WRIST RELIEF

This energizing enhancement combines a detailed hand and wrist massage with a therapeutic multi-purpose rescue cream. Extracts of Horse Chestnut and Peppermint improve circulation, while steaming hot towels steeped in aromatic essential oils relieve hand and wrist tension, addressing carpal tunnel syndrome and computer fatigue.

25 MINUTES - \$80 | 50 MINUTES - \$145*

*50 MINUTE TREATMENT INCLUDES NECK AND SHOULDERS

BLUE EUCALYPTUS

This holistic treatment combats adrenal fatigue due to our modern 24/7 lifestyle. The session begins with a steaming Blue Eucalyptus inhalation to enhance immunity and is followed with a vigorous deep tissue massage with Ginger Root Oil to rebalance the adrenal system.

50 MINUTES - \$155 | 80 MINUTES - \$195

Massages

COUPLES MASSAGE

Enjoy a relaxing customized massage for two in our Couples' Suite. A choice of aromatherapy oils can be added to infuse your experience. Price is per guest.

50 MINUTES - \$150 | 80 MINUTES - \$190

HOT STONE MASSAGE

Experience a relaxed, recharged and energized feeling, as warm and cold stones are used to massage your muscles releasing tension, leaving you completely relaxed!

80 MINUTES - \$190

HOT TOWEL RENEWAL

Inhale our house blend herbal therapy to open the mind & senses, preparing the body for our signature relaxation massage with steamed lavender-and geranium infused hot towels. Say ahhhh.

80 MINUTES - \$195

SPORTS RECOVERY MASSAGE

For the athlete in all of us – relieve sore muscles, stiff joints and daily aches and pains with this therapeutic massage. The perfect cure that will have you back on your feet in no time

80 MINUTES - \$190



Massages

CBD QUARTET

Experience the botanical powers of pure CBD infused oils and healing balms with this 4-in-1 treatment designed to relieve stress and melt away muscular aches from scalp to sole. Start with a decadent massage with a moisturizing wrap to give skin a healthy glow, and then relax with a scalp massage and reflexology to ring the body back into balance. The CBD Quartet provides benefits for everyone, though is not recommended for pregnant women.

80 MINUTES - \$225

PRENATAL FITNESS TREATMENT

This hypnotic treatment combines a Swedish massage and a mini facial with herbal remedies to address the special needs of expectant mothers such as stress, fatigue, muscle pain, insomnia, stretch marks and hormone-reactive skin.

80 MINUTES - \$210

MOM-TO-BE

A light massage, specially designed for expectant mothers past their first trimester, this session focuses on the comfort of the mother-to-be. Performed with you lying on your side, with pillowed support, this relaxing massage is designed to reduce stress, decrease swelling in the arms and legs, and relieve discomfort in muscles and joints.

50 MINUTES - \$150 | 80 MINUTES - \$185



Body Treatments

MIGHTY MINT FOOT THERAPY

This revitalizing foot and lower leg treatment is designed to reinvigorate the whole body. Calves and feet are massaged with a stimulated peppermint balm and then cocooned in streaming hot towels to wake up tired feet.

25 MINUTES - \$80 | 50 MINUTES - \$145

MOROCCAN OIL OR WILD LIME SCALP TREATMENT

This customized treatment helps to improve and revive hair while massaging the scalp with revitalizing Moroccan Oil, stimulating hair follicles for a full & lustrous shine.

25 MINUTES - \$80

SOOTHING SHEA BUTTER WRAP

The miraculous African Shea Nut heals & moisturizes dry skin. This soothing Shea wrap is the ideal resorative for parched skin while a gentle head and foot massage will have you feeling relaxed from head to toe.

50 MINUTES - \$145

THE PINK GRAPEFRUIT EXPERIENCE

This body polish is the perfect way to naturally clean and eliminate dead cells while gently exfoliating the body leaving it smooth, silky and radiant. Certified organic grapefruit seed extract purifies skin with its natural astringent properties to brighten and tone skin. After a cleansing ritual, a soothing Shea Butter wrap will follow and conclude the experience with a special Spa gift!

80 MINUTES - \$170

CLAY AND CHARCOAL WRAP

A creamy non-drying natural mineral and botanical based treatment gently removes impurities from pores to reveal smoother, softer-looking skin. Helps exfoliate dead skin cells and rid the pores of harmful pore-clogging toxins to make your skin firm.

50 MINUTES - \$145

ROSEMARY CITRON SEA SALT SCRUB

Sea salts, rich in mineral content, are blended with spicy rosemary and citrus essential oils to stimulate circulation and slough away dull, flaky skin. This invigorating scrub will soften skin leaving the surface smooth and polished.

25 MINUTES - \$80

Skincare

HYDRAFACIAL™

The HydraFacial is a high-tech solution for multiple skin issues. This results-oriented facial treatment uses skin-specific solutions and a patented tip (think microdermabrasion with fluids instead of aluminum oxide crystals) to accomplish deep cleansing, a gentle acid peel, painless extractions and infused with anti-oxidants and hydrating hyaluronic acid. It leaves your skin positively glowing for weeks afterwards

50 MINUTES - \$225 | 80 MINUTES - \$295

PURE RESULTS FACIAL

Experience dramatic results with this skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our Plant Stem Cell Booster Serum, clinically proven to improve the appearance of fine lines & wrinkles, radiance, smoothness and firmness

50 MINUTES - \$155

VITAMIN C15 BRIGHTENING FACIAL

This treatment reverses the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. Featuring our breakthrough daily 15% Vitamin C serum that helps firm, brighten and dramatically reduce the appearance of wrinkles.

50 MINUTES - \$155

CLARIFYING FACIAL

Clear congested complexion with this gentle, yet effective, treatment for teenage or adult acne. This treatment uses purifying BHAs along with astringent and antibacterial extracts of alpine willow and rosemary to control sebum and leave a soft, matte finish.

50 MINUTES - \$155

Skincare

MOISTURE DRENCH FACIAL

Nature's cure for moisture-deprived, thirsty skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial Soothing Hibiscus Enzyme Peel smooths and calms environmentally stressed skin. A nourishing facial massage utilizing the gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements. Ideal for high altitudes, extreme weather and desert climates.

50 MINUTES - \$145

MEN'S REBALANCE FACIAL

Customized for men's skin care needs, this revitalizing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun damaged or razor-burned skin.

50 MINUTES - \$145

COLLAGEN ANTI-AGING FACIAL

Collagen evens skin tones and reduces the appearance of fine lines and wrinkles. The delicate areas of the eyes, mouth and lips are targeted by this rejuvenating treatment leaving your skin feeling velvet-to-the-touch.

50 MINUTES - \$145





Nail Services

FARMHOUSE FRESH PEDICURE

Specialized blends of therapeutic-grade essential oils provide a positive effect on the body and mind. Enjoy a massage with FarmHouse Fresh organic oils, then lean back with delight as a warm soy wax is applied to aid absorption, leaving your legs and feet feeling silky smooth. **80 MINUTES** - \$75

FARMHOUSE FRESH MANICURE

Aromatic vapors that penetrate the skin and the senses will provide the utmost in a relaxation fix. Our signature blends of FarmHouse Fresh organic oils applied to energy points on the hands and arms positively affect both body and mind. Your technician massages your hands with fragrant oils, then applies a warm wax, aiding absorption and leaving hands silky smooth. **50 MINUTES** - \$50

CBD MANI PEDI

Fingers and toes will look and feel their best with a manicure and pedicure combining CBD Exfoliating scrub, massage oil and bath bomb. Available on their own or in combination from the nail salon. **MANI \$40 | PEDI \$65**

LOGAN MANICURE 20 MINUTES - \$25

LOGAN PEDICURE 50 MINUTES - \$45

GEL MANICURE

Get the latest must-have nails with long lasting gel polish. Select your favorite color for a flawless manicure that will last for up to two weeks. If you already have gel polish on your nails, please book this treatment with a gel polish remover. **50 MINUTES** - \$40

KIDDIE CORNER

KIDDIE MANICURE - \$15

KIDDIE PEDICURE - \$20

KIDDIE POLISH CHANGE - \$5

Waxing

Back or Chest - \$75

Bikini - \$50

Eyebrow Shaping - \$25

Lip or Chin - \$30

Arms

HALF ARM - \$30

FULL ARM - \$55

Legs

HALF LEG - \$40

FULL LEG - \$70



Spa Packages

TAKE TIME FOR TWO

Enjoy a tranquil experience in our private Couple's Serenity Suite with an 80-minute Logan Relaxation Massage, a soothing 25 minute Mighty Mint Foot Treatment and an exfoliating 25-minute full body Rosemary Citron Sea Salt Scrub. Share this revitalizing experience with a loved one - complete with two Rocky Robes as our gift to you!

150 MINUTES - \$600

CREATE YOUR OWN JOURNEY

Choose two from the following:

50 minutes - Custom Organic Facial

50 minutes - Logan Relaxation Massage

50 minutes - Mighty Mint Foot Treatment

50 minutes - Shea Butter Body Cocoon

Choose one from the following:

25 minutes - Clove Scalp Treatment

25 minutes - Logan Manicure

25 minutes - Sea Salt Body Scrub

25 minutes - Lip or eyebrow waxing

3 TREATMENTS - \$350 per person

CELEBRATE!

No matter the occasion, we have the perfect package to celebrate! Enjoy all of the following treatments, followed by a complimentary glass of champagne.

25 minutes – Custom Organic Facial

50 minutes – Logan Relaxation Massage

25 minutes – Rosemary Citron Sea Salt Body Scrub

100 MINUTES - \$275

THE LADIES' WEEKEND AWAY

You deserve to treat yourself! Enjoy a spa day complete with a complimentary glass of wine.

50 minutes – Logan Relaxation Massage

50 minutes – Pure Results Facial with Moroccan Oil Scalp Massage

100 MINUTES - \$250



Get The Most

OUR KNOWLEDGEABLE SPA RECEPTIONISTS WILL ASSIST YOU IN PLANNING YOUR SPA EXPERIENCE, INCLUDING RECOMMENDATION AND ORDER OF TREATMENTS, CONSIDERATION OF PACKAGES, GIFT CERTIFICATES AND RETAIL OPTIONS.

RESERVATIONS

Please allow ample notice to reserve your spa treatments by contacting the Spa Receptionist as far in advance as possible. While we may be able to accommodate same-day appointments, to ensure your preferred time of day, treatment, and skilled therapist, advance bookings are preferable. We are happy to assist in planning your special group for bridal party. A credit card number to guarantee payment is required at the time of booking and a standard 20% gratuity is automatically added.

SPECIAL CONSIDERATIONS

Should you have special considerations or concerns, please notify our Spa Receptionist before booking your treatments. For your safety during a treatment, you should disclose medical concerns such as pregnancy, high blood pressure, allergies, any other physical ailments, or special needs.

MINIMUM AGE FOR TREATMENTS

Spa guests must be 16 years or older to receive treatment. It is our goal to provide a quiet atmosphere in The Spa, and we ask that no children be permitted in the lounge or relaxation areas. *Children 5 years or older are not permitted in opposite-gender locker rooms.*

ARRIVAL TIME

For your enhanced comfort and relaxation, we invite you to arrive a minimum of 30 minutes prior to your scheduled treatment. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. We ask that groups of five or more arrive one hour prior to scheduled treatments.

SEASONAL TREATMENTS

Every season is celebrated with a specially designed experience and menu. Ask our Spa Concierge during your visit.



THE UNDERGROUND SPA & WELLNESS

One Logan Square, Lower Level

Philadelphia, PA 19103

215 405 2815

spa@theloganhotel.com

