

*The* **UNDERGROUND**  
*Spa & Wellness*



## WELCOME TO THE UNDERGROUND SPA & WELLNESS

THE UNDERGROUND SPA & WELLNESS IS A DOWNTOWN SANCTUARY TUCKED AWAY IN THE LOGAN HOTEL, OFFERING A COMPLETE REPRIEVE FOR HOTEL GUESTS AND DAY VISITORS. ENTER OUR HAVEN OF RELAXATION WITH THE SCENTS OF BOTANICAL AROMATHERAPY IN A WATER-INSPIRED SPA PROVIDING THE ULTIMATE IN BODY TREATMENTS AND SKINCARE FOR MEN AND WOMEN. THE UNDERGROUND SPA & WELLNESS AT THE LOGAN IS YOUR DESTINATION FOR RELAXING, UNWINDING AND LETTING GO!

A softly lit pool enveloped in rich blue colors provides our guests with the opportunity to prolong the spa experience with a soak and swim before or after their spa experience. Beautifully appointed locker rooms featuring full showers and amenity services include an array of Logan Square botanicals for use after treatments, with the opportunity to purchase them for home use and gifts.

Relax before your treatment, restore your body's energy and hydration, rejuvenate the senses, and balance the mind and body. You can even enjoy a workout in our state-of-the-art fitness center as part of your experience at The Underground Spa & Wellness.

We are an especially ideal place for private retreats, girlfriend getaways, bachelor and bachelorette parties, and can arrange a spa day for an entire group with advance notice. Massages, skincare, body wraps and scrubs may be booked by calling 215 405 2815.

# MASSAGES

## RELAX

### LOGAN RELAXATION MASSAGE

This gentle massage utilizes light pressure designed to bring you to a place of complete relaxation. Using aromatherapy oils, your therapist will focus on your tension areas, ensuring you are left in a Zen state-of-mind.

50 MINUTES - \$165 | 80 MINUTES - \$225

### NIRVANA STRESS RELIEF MASSAGE

This deeply revitalizing treatment uses aromatherapy with Swedish & deep tissue massage to unwind the body, reboot the mind and reinvigorate the senses.

50 MINUTES - \$175 | 80 MINUTES - \$235

### HOT TOWEL RENEWAL

Inhale our house blend herbal therapy to open the mind & senses, preparing the body for our signature relaxation massage with steamed lavender-and geranium infused hot towels. Say ahhhh.

80 MINUTES - \$240

## RECHARGE

### ALPINE ARNICA DEEP TISSUE MASSAGE

This intensive treatment relaxes sore muscles and stiff joints with Russian massage techniques while using the best pain relievers from nature’s pharmacy: arnica, sweet birch, and magnesium.

50 MINUTES - \$175 | 80 MINUTES - \$235

### CBD QUARTET EXPERIENCE

Experience the Botanical power of pure CBD infused oils and healing balms with this 4-in-1 treatment designed to relieve stress and melt away muscular aches from scalp to sole. Start with a decadent massage with a moisturizing wrap to give the skin a healthy glow, and then relax with a scalp massage and reflexology to bring the body back into balance. The CBD Quartet provides benefits for everyone, though it is not recommended for pregnant women.

80 MINUTES - \$260

# MASSAGES

## RENEW

### SPORTS RECOVERY MASSAGE

For the athlete in all of us – relieve sore muscles, stiff joints and daily aches and pains with this therapeutic massage. The perfect cure that will have you back on your feet in no time. Our choice for post-marathon muscle relief!

80 MINUTES - \$240

### HOT STONE MASSAGE

Experience a relaxed, recharged and energized feeling as warm stones are used to massage your muscles releasing tension, leaving you completely relaxed!

50 MINUTES - \$195 | 80 MINUTES - \$240

### MOTHER-TO-BE MASSAGE

A light massage, specially designed for expectant mothers past their first trimester, this session focuses on the comfort of the mother-to-be. Performed with you lying on your side, with pillowed support, this relaxing massage is designed to reduce stress, decrease swelling in the arms and legs, and relieve discomfort in muscles and joints.

50 MINUTES - \$175 | 80 MINUTES - \$235

### COUPLES MASSAGE

Choose any of our massage modalities from our selection and enjoy side by side relaxing massage in our Couple’s Suite. A choice of our aromatherapy oils can be added to infuse your experience. Please call the Spa directly to book your couple’s experience. Pricing per person varies based on selections.



Prices and services are subject to change without notice.



# BODY TREATMENTS

## UNDERGROUND OASIS Featuring Babor Cosmeceuticals

Indulge yourself Underground with the ultimate full body wellness with this aromatic treatment featuring notes of orange and mimosa. Creamy poppy seeds and energetic scrub work to invigorate the senses and refine the skin’s surface. A cocooning, nourishing wrap with age-defying plant stem cells and yellow poppy extract help to firm and smooth the skin leaving you feeling renewed and relaxed.

80 MINUTES - \$250

## OCEAN ESCAPE

Drift away with the feeling of an ocean wave in this multi-sensorial body treatment with aromatic eucalyptus and lavender. To start your journey to full body wellness, your senses will awaken with a unique oil-to-foam enzyme exfoliation that is applied with invigorating body brushing. A warm, cocooning cream wrap infused with red algae envelops the body to boost cellular energy and deeply hydrate the skin leaving you refreshed and energized.

80 MINUTES - \$250

## THE PINK GRAPEFRUIT EXPERIENCE Featuring LaNatura

This body polish is the perfect way to naturally clean and eliminate dead cells while gently exfoliating the body leaving it smooth, silky and radiant. Certified organic grapefruit seed extract purifies skin with it’s natural astringent properties to brighten and tone skin. After a cleansing ritual, a soothing Shea Butter wrap will follow and conclude the experience with 20% off any retail item upon checkout!

80 MINUTES - \$250



# BODY TREATMENTS

## SOOTHING SHEA BUTTER WRAP

The miraculous African Shea Nut heals & moisturizes dry skin. This soothing Shea wrap is the ideal resotratve for parched skin while a gentle head and foot massage will have you feeling relaxed from head to toe.

50 MINUTES - \$175

## MIGHTY MINT FOOT THERAPY Featuring Naturopathica

This revitalizing foot and lower leg treatment is designed to reinvigorate the whole body. Calves and feet are massaged with a stimulated peppermint balm and then cocooned in streaming hot towels to wake up tired feet.

25 MINUTES - \$110 | 50 MINUTES - \$200

## WRIST AND HAND RELIEF

This energizing enhancement combines a detailed hand and wrist massage with a therapeutic multipurpose rescue cream. Extracts of horse chestnut and peppermint improve circulation while steaming hot towels, steeped in aromatic essential oils, relieve hand and wrist tension, addressing carpal tunnel syndrome and computer fatigue.

25 MINUTES - \$110 | 50 MINUTES \$175

## ROSEMARY CITRON SEA SALT SCRUB

Sea salts, rich in mineral content, are blended with spicy rosemary and citrus essential oils to stimulate circulation and slough away dull, flaky skin. This invigorating scrub will soften skin leaving the surface smooth and polished.

25 MINUTES - \$110

## MOROCCAN OIL SCALP TREATMENT

This customized treatment helps to improve and revive hair while massaging the scalp with revitalizing Moroccan Oil, stimulating hair follicles for a full & lustrous shine.

25 MINUTES - \$110

*Prices and services are subject to change without notice.*



# SKINCARE

## DOCTOR BABOR PRESCRIPTION THERAPY FACIAL

Featuring Babor Cosmeceuticals

Specific & focused on individual skin challenges, these fully customizable prescription therapies are just what the doctor ordered.

Our expert skin therapists will customize an advanced treatment to obtain your optimal skin care results by combining high-performance cosmeceuticals with an indulgent facial experience. Choose from one of the options below:

**COLLAGEN INFUSION** - Plump and densify your skin with this collagen-boosting facial. Ultra-potent hyaluronic acid and collagen plump the skin from the inside out while smoothing fine lines and wrinkles. The effect of this treatment is amplified with a collagen-infused mask to lift and reshape the facial contour.

**DETOX & GLOW** - Skin detoxification is essential for cellular regeneration. This blend of potent vitamins and minerals will treat the skin and neutralize harmful substances that can increase visible signs of aging. The detoxification will allow nutrient revitalization which is vital for maintaining youthful skin.

**CALM & SOOTHE** - Specially designed for extremely dry, sensitive skin, rosacea and dermatitis, this calming facial will soothe, strengthen and balance the skin. Skin feels instantly soothed, less irritated and deeply hydrated.

**HYDRATE & PLUMP** - This high-performance treatment repairs moisture deficits in the skin, leaving the skin thoroughly hydrated, plump and smooth. It optimizes the skin's ability to store moisture in the long-term, preventing premature aging by using multi-dimensional hydration. To amplify its effect HY3 Peptides are used to fill lines and wrinkles from the inside out for smooth, youthful looking skin.

**REPAIR & RENEW** - This effective repair therapy boosts skin cell regeneration and cell turnover for skin that appears young and wrinkle-free. A beneficial treatment before surgical procedures; it is also recommended to strengthen the skin after a trauma.

50 MINUTES - \$185

## DOCTOR BABOR PRO THERAPRO PEELING TREATMENT

Featuring Babor Cosmeceuticals

The latest innovation in non-invasive skin resurfacing. A unique blend of AHA's and controlled pH values of the TheraPRO peels work from the inside out, without inflammation. Suitable for all skin types and targeting conditions of rough, dry & oily skin, enlarged pores, hyper-pigmentation and tired or dull complexion.

50 MINUTES - \$215

# SKINCARE

## BABOR HSR LIFTING FACIAL

Featuring Babor Cosmeceuticals

Turn back the clock with this cosmeceutical treatment that provides immediate visible results. Targeted active ingredients not only smooth visible wrinkles but prevent new wrinkle formation and slow the aging process. The potent formulations and specialized massage techniques improve skin firmness, tone, and elasticity and redefine facial contours. The skin is plumped from within revealing a firmer, smoother, and more youthful, well-contoured face. Suitable for all skin types.

80 MINUTES - \$275

## NATUROPATHICA SIGNATURE FACIAL

Featuring Nature by Naturopathica

Focuses on radiant skin as a reflection of inner health, delivering a transformative, results driven treatment. The facial begins with luxurious sculpting massage with our probiotic Manuka Honey Cleansing Balm to release facial tension, improve blood flow and nourish your skin's microbiome. Each facial is uniquely customized and includes an in-depth skin analysis, powerful enzymatic exfoliation, nutritive botanical facial massage and targeted treatments with clean botanicals to recharge your skin. The session concludes with a holistic prescription of skin care, herbal remedies, and well-being rituals to sustain your visible results.

50 MINUTES - \$175

## PRENATAL FACIAL

Designed specifically for expectant mothers this holistic facial feature calming herbs such as Gotu Kola, Carrot Seed, and Lavender to soothe sensitive skin and address hyperpigmentation.

50 MINUTES - \$185



*Prices and services are subject to change without notice.*

# SKINCARE

## ACNE CLARIFYING FACIAL

Featuring HydroPeptide

Improve skin clarity while combating acne and unbalanced skin. A combination of salicylic acid and acne-fighting peptides help to improve skin texture and balance oil production. Unclog pores and speed up skin cell turnover while creating an overall glow and revealing healthy skin.

50 MINUTES - \$185

## THE FIRMING VIBRANT-C FACIAL

Featuring HydroPeptide

This potent, patented vitamin C facial treatment is perfect for those looking to bring back a youthful firmness and glow. A vitamin C enzyme peel combined with a unique, pure vitamin C delivery system and double mask that work to encourage firming & brightening. You will leave relaxed, radiant and on your way to firmer skin.

50 MINUTES - \$185

## DERMAPLANING

Featuring HydroPeptide

This procedure works to remove the top layers of the epidermis and vellus hair on the face to reveal a brighter, smoother complexion. Take advantage of this instant resurfacing by allowing HydroPeptide’s active ingredients to more deeply absorb into the skin.

50 MINUTES - \$225

## MEN’S REBALANCING FACIAL

Customized for men’s skin care needs, this balancing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun damaged or shave-irritated skin. Nourishing Manuka Honey, purifying Pumpkin Enzymes and antioxidant-rich botanicals protect, renew and heal the skin to allow his inner radiance to shine through.

50 MINUTES - \$175; ADD-ON BEARD CARE - \$50



# SKINCARE

## HYDRAFACIAL™

### PLATNIUM HYDRAFACIAL

The ultimate HydraFacial experience! Begin with soothing Lymphatic Drainage to reduce puffiness and provide the appearance of lifting and contouring. Next, reveal smooth texture and vibrant skin clarity with a purifying cleanse, gentle chemical peel, and pain-free extractions using patented Vortex-Fusion technology. Finally, targeted super serums and LED therapy enhance results for personalized skin concerns, and the treatment concludes by bathing the skin with nourishing hydration and antioxidants for the ultimate glow and best skin of your life!

100 MINUTES - \$410

### DELUXE HYDRAFACIAL

A refreshing treatment which includes all the essentials of the Signature HydraFacial while also addressing specific skin concerns using HydraFacial’s super serums to yield visible results. This is coupled with professional strength therapeutic light energy to treat skin from within. Hydration and antioxidants for the ultimate glow and best skin of your life!

50 MINUTES - \$275

### SIGNATURE HYDRAFACIAL

Deeply purify, nourish, and protect the skin through our super serums filled with antioxidants and hyaluronic acid.

25 MINUTES - \$199; HYDRAFACIAL LED LIGHT THERAPY - \$50

### HYDRAFACIAL LED LIGHT THERAPY

Use LED Red and Blue lights to enhance your HydraFacial treatment. The red light overall is geared to mature skin and helps with fine lines and wrinkles. The blue light helps with acne prone skin. Great for the prevention of breakouts.

STANDALONE TREATMENT - \$80

### ADD-ON PERKS:

All-in-one cleanse with benefits merges an exfoliation service with a month-long regimen of take-home products. Perk uses patented roller-flex technology to offer immediate results.

EYE PERK TREATMENT - \$70    LIP PERK TREATMENT - \$70

*Prices and services are subject to change without notice.*

# SPA PACKAGES

## CREATE YOUR OWN JOURNEY

This package is customizable for your groups needs! Plus enjoy complimentary beverages including wine, prosecco, bourbon and delicious non-alcoholic options including a variety of teas.

Choose two from of the following:

- 50 Minute Naturopathica Signature Facial
- 50 Minute Logan Relaxation Massage
- 50 Minute Mighty Mint Foot Treatment
- 50 Minute Shea Butter Body Cocoon

Choose one from the following:

- 25 minutes - Clove Scalp Treatment
- 25 minutes - Sea Salt Body Scrub

125 MINUTES- Pricing starts at \$460 per person, not including gratuity

## THE UNDERGROUND WEEKEND AWAY

Escape from the hustle & bustle of city Underground! Enjoy three (3) of our most-loved treatments and complimentary beverages including wine, prosecco, bourbon and delicious non-alcoholic options including a variety of teas.

Treatments included in this package:

- 50 Minute Logan Relaxation Massage
- 50 Minute Naturopathica Signature Facial
- Moroccan Oil Scalp Massage

100 MINUTES - Pricing starts at \$350 per person, not including gratuity

# SPA PACKAGES

## THE BEARD & BOURBON EXPERIENCE

A customized treatment for a man’s skin care needs.

This revitalizing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun damaged, or razor-burned skin. Focused on men, this package includes a Nirvana Stress Relief Massage and Hot Towel Facial with special attention to beard care. For men who don’t have a beard, the extra attention to your skin and face will leave you feeling relaxed and renewed.

Take time to decompress in the signature Relaxation Room while enjoying a nice glass of bourbon to get the full Underground experience.

Treatments included in this package:

- 50 Minute Nirvana Stress Relief Massage
- 50 Minute Men’s Rebalancing Facial with Beard Care
- Glass of bourbon & 20% off any individual beard product upon checkout

100 MINUTES - Pricing starts at \$420 per person, not including gratuity

## MOTHER-TO-BE PAMPERING

Embrace this special time in your life with a day full of pampering. Give your body and mind the time to recuperate and wind down.

Expectant mothers can enjoy two (2) prenatal speciality services at the Underground Spa.

Treatments included in this package:

- 50 Minute Mom-to-Be Massage
- 50 Minute Prenatal Facial

100 MINUTES - Pricing starts at \$420 per person, not including gratuity

## MOMMY & ME EXPERIENCE

Enjoy a memorable Mommy & Me experience with your mini at The Underground. This packages includes side-by-side massages and facials.

Based upon availability- Pricing starts at \$350 per person



Prices and services are subject to change without notice.



# GROUP OFFERINGS

The Underground Spa & Wellness is #1 at hosting group events. We tailor your gathering to any occasion and are known for creating the best experience in Philadelphia. Take a step into our underground oasis and we will handle the rest. Enjoy the vibe, where we encourage you to relax, unwind and celebrate the moment with your friends, loved ones or co-workers - creating memories that are guaranteed tto last a lifetime! Accommodating a range of groups with a minimum of 3 people and a maximum of 30 people, each group enjoys the amenities listed below with their package.

- **Chill Vibes Room** - relax in a private space before your treatment, restore your body’s energy and hydration, rejuvenate the senses and balance the mind & body.
- Beautifully appointed locker rooms featuring full showers and amenities
- Access our softly lit, heated salt-water pool. Soak and swim enveloped in rich blue colors before or after your spa experience
- Access to our state-of-the-art fitness center for a pre- or post- treatment workout

Below are suggestions for your group, All offerings are customizable. Pricing starts at \$50/hour and there is a 3-hour minimum.

## YOUR CORE GROUP

**Duration:** 1 hour plus relaxation time

Includes:

Any 50 minute of your choosing from The Underground’s menu

**Plus:** Complimentary Beverages: wine, Prosecco, bourbon and delicious non-alcoholic options including a variety of teas

Pricing varies depending on services

## THE UNDERGROUND GETAWAY

**Duration:** 2 hours plus relaxation time

Includes:

50 Minute Logan Relaxation Massage

50 Naturopathica Signature Facial

**Plus:** Complimentary Beverages: wine, Prosecco, bourbon and delicious non-alcoholic options including a variety of teas

Pricing varies depending on services

# GROUP OFFERINGS

## YOUR UNDERGROUND ESCAPE

**Duration:** 2.5 hours plus relaxation time

Includes:

Choose from two of the following:

50 Minute Naturopathica Signature Facial

50 Minute Logan Relaxation Massage

50 Minute Mighy Mint Foot Treatment

50 Minute Shea Butter Cocoon

Choose from one of the following:

25 Minute Clove Scalp Treatment

25 Minute Sea Salt Scrub

**Plus:** Complimentary Beverages: wine, Prosecco, bourbon and delicious non-alcoholic options including a variety of teas

Pricing starts at \$395 per person



*Prices and services are subject to change without notice.*

# CORPORATE WELLNESS PROGRAMS

We understand that meetings can be both physically and mentally demanding, which is why we're excited to offer a range of wellness services to help you unwind and recharge.

Whether you're looking to release tension with a chair massage, or rejuvenate your skin with a skin care demo, we have a variety of services to cater to your needs.

For those looking to boost their fitness routine, we offer personal training sessions as well as yoga and meditation classes to help you find your balance. Our stretch sessions are also a great way to keep your body limber and relaxed throughout the day.

As a thank you for choosing the spa option, each guest will take home a gift bag filled with wellness goodies. These services are available at a customize fee, so you can tailor your experience to meet your specific needs.

Take advantage of these exclusive services and allow us to help you achieve a state of balance and relaxation.

*Please speak with our staff to learn more about how we can help you incorporate wellness into your meeting experience.*



# THE UNDERGROUND MEMBERSHIP

## BECOME A MEMBER!

Enjoy exclusive spa benefits and access to our state-of-art fitness center with two Peletons, Precor equipment and free weights, indoor heated saltwater pool and more!

## MEMBERSHIP BENEFITS:

Complimentary access to all fitness classes like Aqua Fit & events like Yoga & Glow

On-site yoga and personal trainers

20% off retail items and services including massages, facials and body treatments

## MEMBERSHIP RATES:

Single - \$ 125

Family - \$175

**JOIN TODAY!** Email [Spa@TheLoganHotel.com](mailto:Spa@TheLoganHotel.com)



Terms & Conditions:

Six-month commitment at sign-up. Gratuities not included in spa services. Family rate available for two adults and up to two children under the age of 16.

*Prices and services are subject to change without notice.*





# GET THE MOST FROM OUR SPA

OUR KNOWLEDGEABLE SPA RECEPTIONISTS WILL ASSIST YOU IN PLANNING YOUR SPA EXPERIENCE, INCLUDING RECOMMENDATION AND ORDER OF TREATMENTS, CONSIDERATION OF PACKAGES, GIFT CERTIFICATES AND RETAIL OPTIONS.

## RESERVATIONS

Please allow ample notice to reserve your spa treatments by contacting the Spa Receptionist as far in advance as possible. While we may be able to accommodate same-day appointments, to ensure your preferred time of day, treatment, and skilled therapist, advance bookings are preferable. We are happy to assist in planning your special group for bridal party. A credit card number to guarantee payment is required at the time of booking. Prices are subject to change.

## SPECIAL CONSIDERATIONS

Should you have special considerations or concerns, please notify our Spa Receptionist before booking your treatments. For your safety during a treatment, you should disclose medical concerns such as pregnancy, high blood pressure, allergies, any other physical ailments, or special needs.

## MINIMUM AGE FOR TREATMENTS

Spa guests must be 16 years or older to receive treatment. It is our goal to provide a quiet atmosphere in The Spa, and we ask that no children be permitted in the lounge or relaxation areas. *Children 5 years or older are not permitted in opposite-gender locker rooms.*

## ARRIVAL TIME

For your enhanced comfort and relaxation, we invite you to arrive a minimum of 30 minutes prior to your scheduled treatment. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. We ask that groups of five or more arrive one hour prior to scheduled treatments.

## SEASONAL TREATMENTS

Every season is celebrated with a specially designed experience and menu. Ask our Spa Concierge during your visit.





## THE UNDERGROUND SPA & WELLNESS

*One Logan Square, Lower Level*

*Philadelphia, PA 19103*

*215 405 2815*

*[spa@theloganhotel.com](mailto:spa@theloganhotel.com)*



THEUNDERGROUNDSPA



THEUNDERGROUNDSPA